



Pediatric Post Operative Instructions:

Removal of Teeth

Freezing will last about 2 hours. Your child can have cold drinks (NO STRAW), ice cream, yogurt, and applesauce while still frozen. Be careful that your child does not chew/bite the cheeks, lip or tongue. Watch for a chewing action while the lips are closed.

Pain may happen. Tylenol, Tylenol or Advil are recommended. Follow the directions on the bottle.

With removal of teeth, some bleeding is normal. Do not let your child go to sleep with gauze in his/her mouth. No drinking from a straw or spitting out for the day.

Soft food for the next 2-3 days i.e. yogurt, applesauce, soup (not too hot), jello, rice, pasta, scrambled eggs. Avoid hard foods like chips, meat, and crusty bread.

White Fillings/ Silver Fillings

Freezing will last about 2 hours. Your child can have cold drinks, ice cream, yogurt, and applesauce while still frozen. Be careful that your child does not chew/bite the cheeks, lip or tongue. Watch for a chewing action while the lips are closed.

White fillings may be sensitive for 1-2 weeks.

Pain may happen. Tylenol, Tylenol or Advil are recommended. Follow the directions on the bottle.

Root Canal

Freezing will last about 2 hours. Your child can have cold drinks, ice cream, yogurt, and applesauce while still frozen. Be careful that your child does not chew/bite the cheeks, lip or tongue. Watch for a chewing action while the lips are closed.

Pain may happen. Tylenol, Tylenol or Advil are recommended. Follow the directions on the bottle.

Teeth that have had root canal therapy can be sensitive to biting and pressure for a week.

Stainless Steel Crown (s)

Freezing will last about 2 hours. Your child can have cold drinks, ice cream, yogurt, and applesauce while still frozen. Be careful that your child does not chew/bite the cheeks, lip or tongue. Watch for a chewing action while the lips are closed.

Pain may happen. Tylenol, Tylenol or Advil are recommended. Follow the directions on the bottle.

When brushing the gums around the crowns, some bleeding is normal and the gums may be sensitive for a few days.

Warm salt water rinses starting tomorrow. Mix 1 cup of warm water with ½ teaspoon of salt.

NEVER EAT STICKY FOODS that could pull off dental work i.e. taffy, gummy bears/vitamins, tootsie rolls, sour keys, fruit roll-ups, fruit chews...