



### **Immediate Dentures Post-operative Instructions:**

1. Do not remove dentures for 48 hours. The dentist should remove it only.
2. If the denture comes out, rinse it and place it back in your mouth.
3. Expect swelling and discomfort. Take pain medication as prescribed. Tylenol and Advil work well.
4. To decrease any swelling, apply ice packs 20 minutes on and 20 minutes off, for the first day immediately following your dental appointment.
5. Rest and quiet for the day of surgery are recommended.
6. Soft diet for 2-3 days is recommended, i.e., fruit shakes, yogurt, soup, mashed potatoes, pasta, scrambled eggs etc....
7. Warm salt water rinses starting tomorrow. Do not remove dentures when rinsing your mouth.
8. Call the office at 416-536-2626 if any concerns arise.